



Shitungu Rises

Empowering Dreams - Building Futures

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September 30, 2025

Dear Friends of KVEO:

It is such a pleasure to open this letter with continued good news from Shitungu. Thanks to your generosity, all village children (pre-k to high school) are in school this semester and receiving school lunch. Your support allowed KVEO to also provide funds to the several adults attending continuing education classes. This support allows for a family's limited income to pay for other daily necessities.

Health Care

Basic health care services are severely diminished due to the ending of U.S. AID and the growing chaos in the government health care system. Over a year ago, KVEO sent supplies to establish the Shitungu FIRST AID CORNER. It is now more important than ever and used before seeking the doctor.



Because dental services are difficult to find and are expensive, the prevention of tooth decay is so important. Thanks to the Acacia Dental Group in Denver, everyone in the village has received a toothbrush. For many this is quite a luxury and a nice supplement to using the traditional method of dental care. Traditionally the chewing stick acts as a natural toothbrush and is a good alternative to a toothbrush, baking soda and/or paste. This twig or root from the arak tree contains natural antibiotics and other ingredients to remove plaque.

Art Project



Children and adults have enthusiastically participated in the Shitungu art project. This outlet for creativity and personal expression has produced many beautiful and fun drawings, paintings and crafts. We are eagerly awaiting the

arrival of this artwork and plan on making them available for sale to everyone here in time for the holidays. Stay tuned.

Democracy thrives in the village of Shitungu

Community members meet regularly to cooperate on projects that improve the lives of all residents. This journey starts by establishing three essential goals: food security, access to education, and work. Progress is evident in all three fundamental areas and the goal of self-sufficiency is closer every day, thanks to the hard work of the villagers and the selfless support from the friends of KVEO.

Many thanks.

— Joyce, The Board of Directors, and the Villagers of Shitungu

www.shitungurises.org

How You Can Help

- **Visit Our Website** – Learn more about KVEO's mission at shitungurises.org
- **Share the Link** – Spread the word through social media (Facebook, Instagram, and Bluesky).
- **Donate** – Every contribution makes a difference. **Please consider contributing to help meet Shitungu's immediate needs for food, education and work.**

Together, we can uplift Shitungu and create lasting change. Thank you for your support!

Warm regards from the KVEO Board and

Joyce

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Donate Now

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